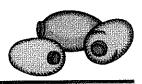


## Recipe for Green Olives



**Ingredients:** 

Green Olives (buy in 16 lb boxes) this will make 10 jars Pickling Salt
White wine vinegar
Oregano (1 bunch)
Garlic (8 cloves)
Cheese cloth
10-20 L Demijohn with wide mouth

## **Directions:**

- 1. Rinse olives in cold water and drain
- 2. Crack olives for soaking. Place olive on hard surface and hit with a flat block or stone. Try to hit hard just enough to crack the flesh. You could also cut slits in olive with <u>ceramic</u> knife.
- 3. Place the olives in a food grade plastic pail of fresh cold water. Be sure the olives are completely submerged. Close the container lid loosely and leave the olives to soak
- 4. After 24 hours, drain water and cover again with fresh cool water. Repeat the water change daily for 3-5 days until the water you pour out is clear. This process removes the bitterness of the olives

## Now for your busy day:

- 1. Drain olives out of water
- 2. Peel and pop open garlic cloves
- 3. Wrap several bundles of Oregano in cheese cloth and tie up top with fishing line
- 4. Add 1 pound (1-1/2 cups) of Pickling salt to one gallon of warm water and stir until dissolved. Then add 2 cups of white wine vinegar and stir
- 5. In a clean demijohn, place some olives, some garlic, and a bag of oregano
- 6. Continue to make layers of these items in the demi-john
- 7. When complete, pour the above brine into the demijohn and fill to top. Place cover on securely
- 8. Try to keep all olives under water or they will get mildew (try a light weight on top)
- 9. Keep demijohn in a cool place ( a refrigerator if necessary)

Rest for about two months (that was a tough day) - the olives need time to soften and mature in the brine

## Preparing to jar:

- Rinse olives well under cold water to remove salt brine
- In a 24 oz wide mouth canning jar, add the following items:
  - o tablespoon parsley
  - o tablespoon crushed garlic (buy one 60z peeled garlic pack)
  - o ¼ teaspoon black pepper
  - o 1/8 teaspoon red pepper
  - o 1 inch of oil (buy two 3L cans of oil for the 10 jars recipe)
- Stir the above to mix, fill jar with olives and fill with oil
- Enjoy with some homemade wine!!